

QUEENSLAND CROSS COUNTRY CHAMPIONSHIPS



Saturday 30 July 2022

CJ Greenfield Park, Richlands (<https://goo.gl/maps/dXRTyXkoNjdDajqCA>)

Including the selection trials for the Queensland Cross Country Team:

PROGRAM OF EVENTS

RACE	START	DISTANCE	AGE GROUP	Year Born
1	09:00am	10km	Open Women	2002 or earlier
			Open Men	2002 or earlier
2	10:00am	1km	Under 7 / Under 8 Girls	2016/2015
			Under 7 / Under 8 Boys	2016/2015
3	10:15am	1km	Under 9 / Under 10 Girls	2014/2013
			Under 9 / Under 10 Boys	2014/2013
4	10:30am	2km	Under 11 / 9-12 Multi-Class Girls	2012/2010-2012
			Under 11 / 9-12 Multi-Class Boys	2012/2010-2012
5	10:50am	6km	Under 17 / Under 18 Boys	2006/2005
6	11:30am	4km	Under 17 / Under 18 Girls	2006/2005
7	12:05pm	4km	Under 15 / Under 16 Girls	2008/2007
8	12:40pm	4km	Under 15 / Under 16 Boys	2008/2007
9	01:05pm	8km	Under 20 Men	2003-2004
			Masters Men 30-39/40-49	1992-1973 (Age on Day)
			Masters Men 50-59/60-69	1972-1953 (Age on Day)
10	01:55pm	6km	Under 20 Women	2003-2004
			Masters Women 30-39/40-49	1992-1973 (Age on Day)
			Masters Women 50-59/ 60-69/70+	1972 or earlier (Age on Day)
			Masters Men 70+	1952 or earlier (Age on Day)
11	02:40pm	3km	13-19 Multi-Class Girls / Open Multi-Class Women	2003-2009
			Under 12 Girls	2011
12	03:00pm	3km	13-19 Multi-Class Boys / Open Multi-Class Men	2003-2009
			Under 12 Boys	2011
13	03:20pm	3km	Under 13 / Under 14 Girls	2010/2009
14	03:40pm	3km	Under 13 / Under 14 Boys	2010/2009